

SQUASH

AT BETHESDA SPORT & HEALTH

PROS:

CONNIE BARNES

An Australian Coach, Connie is the Sport & Health's Director of Squash. Connie played Squash at State grade level in Australia before arriving in the DC area in 2002. Connie has a National Ranking of #7 (age group 2006).

Email: cbarnes@sportandhealth.com

Jahangir Naseem

Jahangir is currently one of the top players in the DC metro area. He has won many tournaments, including the skill levels of the US nationals in 2006, the Maryland state championships in 2007, the Sport&Health Open in 2007, and the Potomac Fever. As a Professional Squash Association (PSA) player he has participated in tournaments worldwide.

Email: jnaseem@sportandhealth.com

Rod Barnes

Rod learnt to play squash through the 1980's in Brisbane, Queensland during a golden era in Australian squash. Rodney and Brett Martin, Rodney Eyles, Chris Robertson, Tristan Nancarrow and many others that played in Brisbane through that period went on to be some of the world's top players. He has maintained a state grade standard for 25 years and in his 40's still holds close to a 6.0 NCSRA rating, remaining one of the top players in the tri-state area.

Email: rbarnes@sportandhealth.com

JUNIORS:

CLINICS:

Junior Clinics are held weekdays and Saturdays. See schedule for more information.

SCHOOL SQUASH:

Many local Middle and High Schools (public and private) are commencing school squash teams. With 11 schools already in the Juniors squash program at Sport & Health (mainly at Bethesda) Connie will be adding 5 schools in VA to the program. Interested in starting a program at your school...? Drop Connie a line.

SPRING BREAK CAMPS:

Ages 7 – 17 years. All levels welcome.

TOURNAMENTS:

Junior Tournaments are held each winter.

SUMMER CAMPS:

Full day Summer Camp for ages 7 – 17 years, Connie and her team will be providing the very best in Summer camp programming to help your child develop technique and strategy in a friendly environment. All levels welcome.

See aussienicksquash.com for more local squash information.

Please be advised that a 24 hr cancellation period is required for lessons, otherwise the lesson charge will be applicable.



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