



## WORLDGATE SQUASH NEWS

From Doug Baumgarten  
Certified Squash Professional

- **CALL FOR JUNIOR BEGINNERS/NOVICES** – I am looking for juniors ages 8-16 who would like to learn squash or improve their game. We would like to form a clinic group for weekly group lessons during the Spring, on Saturdays or Sundays. Fees will depend on number of participants, but probably \$100-200 for a series of 5-6 sessions. Please contact me ASAP to reserve a spot: [dbaumgarten@sportandhealth.com](mailto:dbaumgarten@sportandhealth.com)
- **COURTS AND ONLINE RESERVATIONS AT WORLDGATE** – I hope you are all using and enjoying the online reservation system. For anyone who hasn't yet joined the system, please be sure to e-mail Rod Barnes at [aussienicksquash@gmail.com](mailto:aussienicksquash@gmail.com). He will send you login/password and you'll be able to access the system at <http://www.aussienicksquash.com/peregrine20/Login.aspx>. Remember that peak-time bookings require a \$4 fee, whether you show up or not – if you need to change/cancel your reservation, don't forget to do so at least 24 hours in advance. Also, PLEASE USE THE SYSTEM TO RESERVE COURTS, NO MATTER WHEN YOU PLAN TO PLAY. Just showing up, even during off-peak hours, deprives us of attendance figures – which helps us justify squash maintenance and upgrades. Although there is NO truth to the rumor I've heard that Sport & Health is looking to remove a squash court, it can't hurt to show strong participation...so make it a habit to use the online system.
- **FIND PARTNERS ONLINE** – You can also use the court reservation system to find playing partners too!! Access the system as above at <http://www.aussienicksquash.com/peregrine20/Login.aspx>. Once logged in, click on "Squash Challenge Ladder" in the upper right-hand corner. This takes you to a listing of all Sport & Health squash players. Note that ALL S&H clubs are listed, so you'll need to look for Worldgate members around your level of play. An e-mail can be sent to any player through the system, to ask for a friendly game – YOU NEED NOT BE PLAYING A COMPETITIVE MATCH! Please be courteous of members' e-mails when using the system.
- **SIGN UP FOR THE WORLDGATE CLUB CHAMPIONSHIP TOURNAMENT NOW!**  **BOX LEAGUE PLAYERS – CONTINUE YOUR BOXES HERE!**  
Our annual Spring tradition is to replace the box league with our championship tournament, using the same round-robin, self-scheduling format. The only difference: winner of each group is crowned CLUB CHAMP and has his/her name engraved on the championship plaque. To enter, please e-mail Rod Barnes at [aussienicksquash@gmail.com](mailto:aussienicksquash@gmail.com). Fee is \$20.
- **LESSONS AVAILABLE THROUGHOUT THE WEEK** – I am available for lessons (private or group), coaching, and analysis, for work on technique, strategy, or conditioning. I have daytimes, evenings, and weekends available. Contact me at [dbaumgarten@sportandhealth.com](mailto:dbaumgarten@sportandhealth.com) or 301-448-5499.
- **SPORT AND HEALTH SUMMER SQUASH CAMPS** – Treat your youngster to the challenge of squash! Sport and Health offers summer squash camps for all ages and levels of play. Click here for more information: <http://www.aussienicksquash.com/juniors/camps/09/09CORP-AllSquashCamps.pdf>. If you have questions, e-mail Connie Barnes at [cbarnes@sportandhealth.com](mailto:cbarnes@sportandhealth.com). Currently all camps are scheduled for Regency, Tenley, and Bethesda clubs; however, sufficient demand could start a camp here at Worldgate.