

**ADULT - Squash Clinics**  
**Bethesda Sport & Health**  
**COACH: IAN BROWN**  
**4400 Montgomery Ave, Bethesda MD 20817**

Named by *Forbes* magazine as the top ranked healthiest sport, squash is a great cardio workout that also provides ideal training for other sports. A lifetime sport, squash is a fun activity the whole family can participate in.

Ian Brown, Bethesda Squash Pro will be holding one half day Adult clinics for Beginner to Good beginner players.

June 24 Sunday 10 – 1pm Beginners – Good Beginners

Participant numbers – min 4, maximum 8  
Cost 4 players \$70, 5 - 8 players \$55 pp  
Non members add 30% access fee

Contact - Connie Barnes: (301) 807-9905 or [cbarnes@sportandhealth.com](mailto:cbarnes@sportandhealth.com)  
To register - email Connie to secure your spot then drop this completed form to Connie Barnes at Bethesda S&H, or fax to her on 301 656 6870

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Name \_\_\_\_\_  
Membership # \_\_\_\_\_  
Check \_\_\_ credit card \_\_\_  
Credit card # \_\_\_\_\_ Type \_\_\_\_\_ Exp \_\_\_\_\_  
Amount \$ \_\_\_\_\_  
Signature \_\_\_\_\_

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**RELEASE:** In consideration of making facilities and services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge Sport and Health, its owners, managers and representatives from any and all claims and demands of every kind, nature and character which I may have or may hereafter acquire for any or all damages or losses which may be suffered or sustained by me in connection with my activity and all such claims are hereby waived and released

X \_\_\_\_\_ **Signature (Required)**