

SPORT&HEALTH INTERCLUB VARSITY LEAGUE PROGRAM 2009-2010

(SIVL) at Bethesda, Regency, Rio, Tenley and Worldgate Sport&Health Clubs

The Sport & Health Interclub Varsity League program comprises one of the largest High School programs in the US. The 2008-09 season had players in 14 teams representing 10 High schools in two divisions competing. The winners were Whitman 1 (Div.1) and Whitman 2 (Div.2) captained by Jacqueline Barnes and Matt Becker.

Format:

The SIVL program will have 14 high school squash teams playing matches at Bethesda, Regency, Rio, Tenley and Worldgate Sport&Health Clubs on Friday afternoons. These teams that play on Friday are comprised of 7 players each. Each team must have a designated captain who facilitates communication between the players and the SIVL coordinator. When scheduled, the captain will be responsible for organizing players for the match. Players must play in order of merit.

Player Registration Deadline:

Deadline for registration: Friday, November 6, 2009
(Runs November 13, 2009 - March 20, 2010)

Participants:

Schools and individual participants are invited to play. For individual players to participate, you will need to be playing in clinics/ Sunday league/ school practice or other at Sport&Health Clubs.

Cost: \$190 per player (includes personalized T-shirt plus mandatory SIVL weekend tournament in February 2010, exact date TBA). Late fee of \$20 applies if payment is received after Nov. 6, 2009.

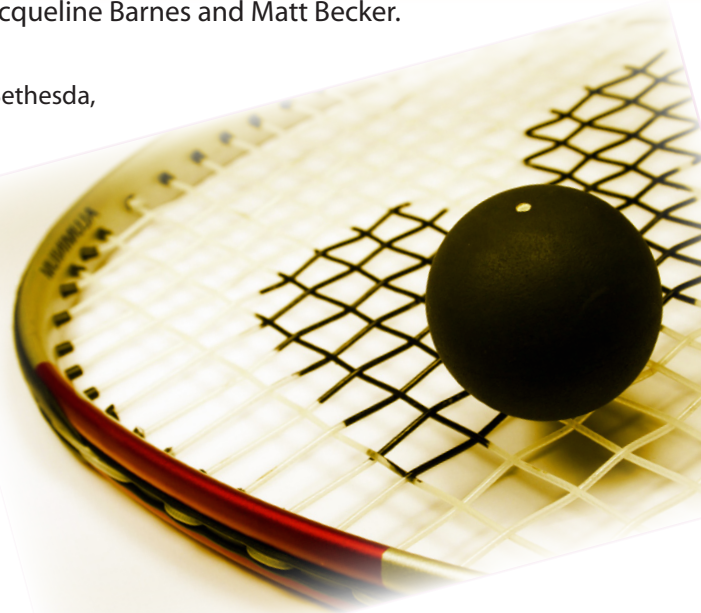
Umpiring: Participants gain knowledge and confidence from umpiring games and should mark/umpire the next match. Advise a senior team member or a coach/supervisor if you need assistance. We will be doing a referee clinic TBA January 2010 at Bethesda Sport&Health. This is recommended to all participants and compulsory for those seeking a national ranking.

Schedule: see www.aussienicksquash.com click on "Juniors" then "League"

Tournaments: See www.aussienicksquash.com/juniors/juniors.htm scroll down to Tournaments and print out registration form

Contact:

Connie Barnes - Director of Squash **Phone:** 301-807-9905
Fax: 301-656-6870 **Email:** cbarnes@sportandhealth.com **Web:** aussienicksquash.com



Sport&Health Interclub Varsity League (SIVL) Application Form *Please print neatly.*

Child's Name _____ Age _____

Parent's Name _____

School _____

Address _____

Phone # (h) _____ (c) _____

Participant's Email _____

Parent's Email _____

Does your child have any medical problems? _____ If yes, please describe _____

Type of Payment: Cash Check MasterCard

Visa AMEX Discover

Card #: _____ Exp Date: _____

Signature: _____ Date: _____

RELEASE: In consideration of making facilities and/or services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge Sport & Health, its owners, manager and representatives from any and all claims and demands of every kind, nature and character which I may have or hereafter acquire for any and all damages or losses which may be suffered or sustained by me in connection with my activity and all such claims are hereby waived and released.

Signature: _____ Date: _____

sport&health

sportandhealth.com

Register by mail or drop-off to: Connie Barnes, Bethesda Sport&Health, 4400 Montgomery Ave., Bethesda, MD 20814
Registration confirmations will be emailed as they are processed.
If you do not receive, please call 301-807-9905.