

***As a prelude to the Sport&Health  
Varsity League SIVL, Wilson and Whitman  
High School Teams will be holding a***

***SCRIMMAGE***

***AT BETHESDA SPORT & HEALTH***

***on Wednesday, November 5  
from 4:00-6:00pm***



***COME IN AND JOIN IN THE FUN –***

***Please let you captains know who will be attending  
and wear your school shirts.***

***(This will replace training sessions for  
Wilson on Nov. 5 & 18, and Whitman Nov. 5 & 10)***

***For further details contact Connie Barnes  
by emailing [cbarnes@sportandhealth.com](mailto:cbarnes@sportandhealth.com)***

**sport&health**

BETHESDA

[sportandhealth.com](http://sportandhealth.com)

4400 Montgomery Ave. • Bethesda, MD 20814  
301-656-9570