

Capital Sport Academy



Capital Sport Academy's residential summer squash camps for 2007 will be based at the fabulous Worldgate Sport and Health facility in Herndon Virginia and will be led by former World #9 and Egyptian Junior Coach Mohammed Awad. Mohammed is joined by a squad of highly energetic and experienced squash coaches including former Nigerian Champion Jude Odeh and Sport and Health Director of Squash, Connie Barnes. The residential camps are much more than an excellent squash training experience however and also feature life training by resident sages in Nutrition, Sports Psychology, Injury Prevention and Management and Explosive conditioning in a fused package for the future athlete's body and mind. Accommodation will be at the very comfortable and well appointed Hawthorn Suites.

Club: Worldgate Sport & Health 13037 Worldgate Drive Herndon, VA 20170

Cost: \$1100 per week

Age: 10 – 19 yrs only

**Contact: Connie Barnes, Sport & Health Director of Squash & Racquetball,
Phone: (301) 807 9905, email: cbarnes@sportandhealth.com
Web: www.aussienicksquash.com Juniors link**

**Capital Sport Academy
SUMMER CAMPS REGISTRATION
July 2007**

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Name of Child	Sex	Age	DOB	School
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Name of Parent/Guardian				
Address:				
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Street	City		State	Zip
Telephone:				
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Home	Father's Work		Mother's Work	
Email:				
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Student	Parent			
Does your child have any medical problems? _____ If yes, please describe. _____				

TICK APPROPRIATE BOX FOR CAMP WEEK:

Tick	Camp	Level	Dates	Club	Cost Sport & Health member
<input type="checkbox"/>	1	All	July 22 – 27	Worldgate	\$1100*
<input type="checkbox"/>	2	All	July 29 – Aug 3	Worldgate	\$1100*

*\$2000 for both weeks

Make checks payable to: Capital Sports Academy

**Mail to: "Attn:Connie Barnes, Worldgate Sport & Health, 13037 Worldgate Drive,
Herndon VA 20170."**

RELEASE: In consideration of making facilities and services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge Capital Sport Academy and Sport and Health Clubs, its owners, manager and representatives from any and all claims and demands of every kind, nature and character which I may have or may hereafter acquire for any or all damages or losses which may be suffered or sustained by me in connection with my activity and all such claims are hereby waived and released

X _____ **Parent or Guardian Signature**
(Required)