

SQUASH

AT RIO SPORT&HEALTH



PROS:

CONNIE BARNES

An Australian Coach, Connie is the Sport & Health's Director of Squash. Connie played Squash at State grade level in Australia before arriving in the DC area in 2002. Connie has a National Ranking of #7 (age group 2006).

Email: cbarnes@sportandhealth.com

SHAHID KHAN

From Pakistan, Shahid played Squash at National Level and trained under eight times world open champion Jansher Khan. Shahid is one of the areas top players with a current ranking of #4 in Washington, DC. Maryland and Virginia Area (5.5 level). Email: skhan@sportandhealth.com

JUNIORS:

CLINICS:

Junior Clinics are held weekdays and Saturdays at Bethesda Sport&Health. See schedule for more information.

SCHOOL SQUASH:

Many local Middle and High Schools (public and private) are commencing school squash teams. With 11 schools already in the Juniors squash program at Sport & Health (mainly at Bethesda) Connie will be adding 5 schools in VA to the program. Interested in starting a program at your school...? Drop Connie a line.

SPRING BREAK CAMPS:

Ages 7 – 17 years. All levels welcome.

SUMMER CAMPS:

Full day Summer Camp for ages 7 – 17 years, Connie and her team will be providing the very best in Summer camp programming to help your child develop technique and strategy in a friendly environment. All levels welcome.

See aussienicksquash.com for more local squash information.

Please be advised that a 24 hr cancellation period is required for lessons, otherwise the lesson charge will be applicable.

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RIO

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